

**The best prayer full of grace –  
Our Father –for all Humans –  
that makes every heart glad** (英语)

Please pray this prayer not only before Holy Mass, but  
also at other times

† (We pray in the name of all and for all souls - the  
prayer is completed)

**Our Father, Holy Trinity God - † Father, Son  
and Holy Spirit, one conjoint inseparable**

**God.**

Eternally faithful, good, almighty,  
omnipresent and alive God.

Your Holy Kingdom is already with us. You  
reign in paradise and on earth.

Your Will be done, as in paradise, so also on  
earth.

Merciful God, our King et Savior, we humbly  
ask you; live and remain in our hearts with  
your light, strength and love. Please give us  
your daily bread, which in the Holy Mass is  
transformed into Holy God Jesus Christ with  
God the Father and God the Holy Spirit.  
Forgive us our guilt, as we forgive our  
culprits.

† **Holy Triune God**, we humbly ask you;  
cleanse and redeem us from all sins.

Free us now and always from all temptations  
of the devil.

We must **never serve** the devils, listen to  
their lies and remain in sins.

In the presence with the Holy Triune God  
and His Will,

protection of the Holy Angels and  
intercession of the Saints,

we will then happily **enter paradise.**

† **Holy God**, please give us and all human  
the grace,

to always remain in Your love, unity,  
faithfulness and **peace.**

**Our Holy Triune God**, we adore You, honor,  
praise, love, trust and thank You for  
everything, now and always and in all eternity.

**Amen.**

**最美好的祈祷充满恩典— 我们的  
天父-那使每个人心灵都感到高  
兴—— (中文)**

请不仅在弥撒前祈祷，也在其他时间祈祷

† (我们以所有人的名义并为所有灵魂祈祷 - 祈祷已完  
成) - 2024 年 12 月 30 日

**我们的天父，神圣的三位一体神 –**

**† 圣父、圣子和圣灵，**

不可分割的神，永远信实、良善、全能、  
无所不在、永活的神。你的神圣王国已经  
与我们同在。你在天堂和地上作王。  
你的旨意将在地球上实现，就像在天堂一  
样。

仁慈的上帝，我们的君王和救世主，我们  
谦卑地请求您；用你的光、力量和爱生活  
并留在我们心中。在弥撒中给我们你的日  
常圣面包，在那里它与圣父和圣灵一起变  
成了圣洁的上帝耶稣基督。宽恕我们的过  
错，就像我们宽恕那些侵犯我们的人一  
样。

† **神圣的三位一体神**，我们谦卑地祈求  
你；洁净并救赎我们脱离一切罪孽。现在  
并永远拯救我们脱离魔鬼的一切诱惑。  
我们**绝不能**侍奉魔鬼，听从他们的谎言，  
并继续犯罪。在神圣三一神和他的旨意面  
前，圣天使的保护和圣徒的代祷，然后我  
们就会幸福地**到达天堂**。

† **圣洁的上帝**，请赐给我们和所有人恩典，  
使他们永远留在你的爱、团结、信实与**和  
平**中。

**我们神圣的三位一体神**，我们崇拜、尊  
敬、赞美、爱、信任并感谢你所做的一  
切，从现在到永远 为了永恒。阿门。