

### **The Prayer that Helps Everyone**

(We pray in the name of all and for all souls)

Holy Triune God – † Father, Son and Holy Spirit,

we ask You: help us and all people,  
that we may always be faithful to You.

Help us to see better,  
help us to hear better,  
help us to understand better,  
help us to think more rightly and not forget.

Help us to speak more clearly,  
help us to pray more devoutly,  
help us to believe more firmly in You  
and to be enlightened by Your holy light.  
Help us to always love You, Holy Father God,  
and our neighbor.

Help us to be humble and to yield always,  
help us to forgive always and to avoid  
quarrels,  
help us not to judge.

Help us to always recognize our sins and  
repent,

help us to thank You for everything,  
help us to do better what Your holy will is.

Amen.

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